

Our Devotion: “God Provides” by Lindsey Metzger of Indianapolis, Indiana, a professional writing student at Taylor University in Upland, Indiana.

“The Lord will protect you from all harm; He will protect your life. The Lord will protect your coming and going both now and forever.” Psalm 121:7-8 (HCSB)

Life is turbulent. I found out the day before my roommate was supposed to move in that she wasn't returning to school. At first, I couldn't believe it. It had to be a joke; my roommate loved Taylor. Then reality started to seep in, and the weight of the situation finally came into full effect.

It felt like someone ripped my heart out of my chest. She was one of my best friends. When I went through a very dark period last semester, our friendship was one of the reasons I kept pushing myself in my classes. For a few hours, the focus level I reached over the summer disappeared and I fell into a slump I couldn't get myself out of.

The next morning, some of the girls on my floor helped me rearrange my dorm and another friend and I redecorated afterwards. I found something very interesting during that time- a lot of what my roommate provided in the past, I already had with me. God had been preparing me for her departure before I knew it was coming, bringing a sense of peace over me. I realized again that God is in control, even in hard times.

If you're going through something right now, know that you are not alone. It's hard, and believe me, God really is in control, no matter how difficult life can be.

Prayer: Father, I know You're here with me. Give me the courage to trust that You're in control, in good times and in bad. Amen.